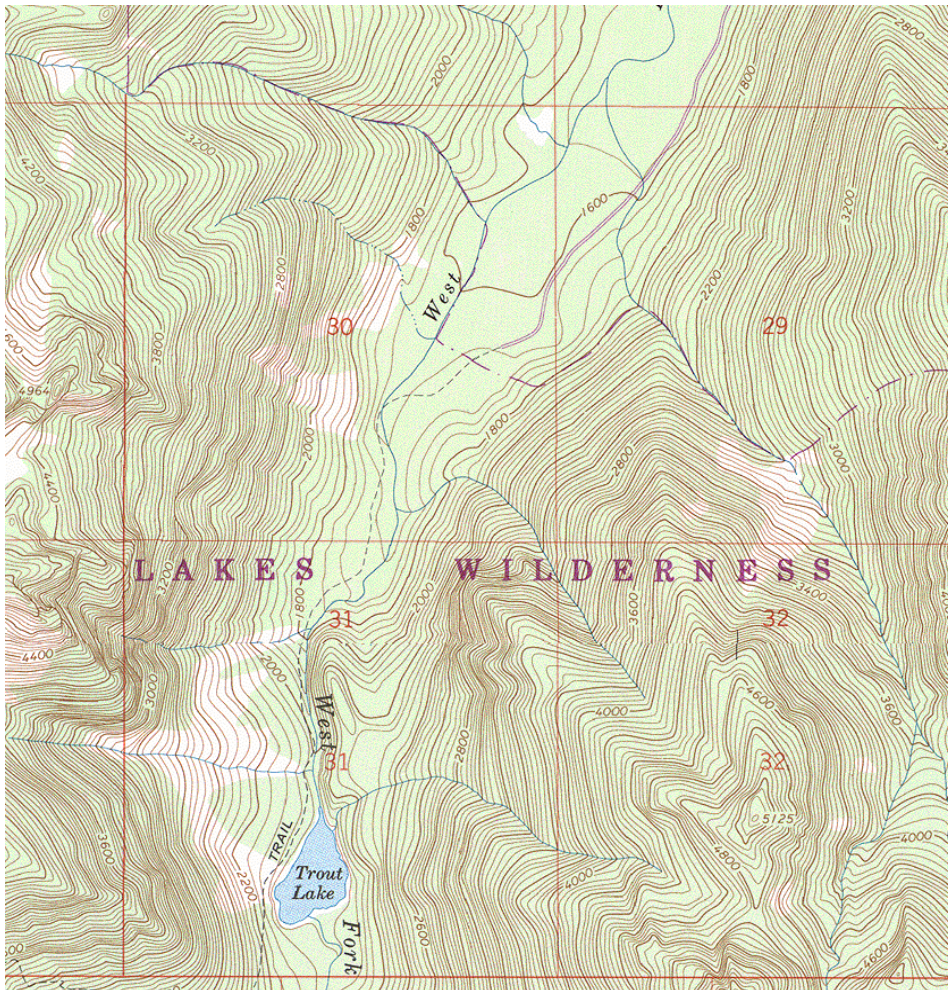


**Sunday, September 5, 1982:**

Erik and Rik's first overnight hike – to Trout Lake. Started the hike at 3 P.M. – 3 miles and the little guy did just great! We made camp at around 4 P.M. or a little after. We made really good time hiking and it was all I could do to keep up with Erik! He was very excited and had a small daypack with some clothes and his teddy. Just a little fishing (not catching) before dinner, then freeze-dried minestrone soup – yuck! Had to force it down, but we had to eat it because that was all there was. The carrot sticks made it a little more palatable. Dessert was Cheerios with raisins, really roughing it. We got to bed real early, around 7:00.

Erik wanted me to write that we went over two log bridges with steps and one hand rail. Nice bridges and pretty streams and lake. We also really dug the BIG old tree – at least 12 feet in diameter.



**Monday, September 6:**

A full moon last night – we could see as well as day, it was very pretty. I kept wondering when it was going to get dark. Erik was really excited about sleeping in the tent with his dad. EJ got up at 6 A.M. and wanted breakfast, but dad just wanted to sleep. By 7 Erik won, so we got up and went fishing again, then breakfast, a short hike, and some rock scrambling. A real great view of Trout Lake and the beautiful mountains. EJ is restless, so off we go again. Erik and Dad talked about this trip often!